



20th ANNIVERSARY
1992 - 2012

Maple Walnut Brussel Sprouts and Chestnuts

Ingredients (Serving 4)

White Toque

Description	Item code
1lb Brussel Sprouts Medium	40906
2 cups IQF Peeled Chestnuts	61101
2 tbsp Shallots	59100
4 tbsp Echire Unsalted Butter	59250

At your local supermarket

Description
1/2 cup Pure Maple Syrup
1/2 cup chopped walnut, toasted
Salt and Pepper to taste

Cooking directions

1. Cook the brussels sprouts (#40906) and the chestnuts (#61101) according to package directions or click to the item code to view specsheet online.
2. Sauté shallots in butter until translucent.
3. Add brussels sprouts, chestnuts, maple syrup and salt and pepper to taste.
4. Place in serving dish and garnish with chopped walnuts.